

Wardrobe Worksheet

With a little help from *Lines of Designs!*

Take charge of your wardrobe and feel good about yourself and the way you look. Too many times we buy clothes we shouldn't which end up sitting in the closet, unworn. What should we do? First figure out honestly and with strength what you have in your closet, what stays and what needs to move on.

Then **take stock** of what you have. You should have a core wardrobe that works with your body, coloring, and which creates several "go-to" outfits that you can just throw on and you're set. Most of us have more than just these core pieces but it is important to develop this framework which mixes with all the other pieces.

As you are sifting through your closet, which outfits make you **feel good** and which don't? Do you feel good because the fit is just right; the style lines flatter your figure? Look at yourself in the mirror, or better yet, take a picture of yourself from different angles (maybe a trusted friend can help). Which parts of your body look good and should be highlighted? Which could do with a little camouflage? Now, armed with this, look at your clothes. Where do the hemlines hit; how are the sleeve lengths; what about the silhouettes, necklines?

Use the worksheet on the back of this sheet. Does your wardrobe have a solid framework which can be freshened with a few new pieces? Do you still need to build that core? We can help!

Call us and together we will go over your worksheet and look at solutions that fit your lifestyle and your budget. It is always time for new beginnings! Give yourself a great start with a solid wardrobe.

Contact us at: Lines of Designs, 110 E. 2nd Street, The Dalles, OR 97058 541-296-4470
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Check out these books for more information on body types, flattering styles, wardrobe planning:

- Bobbie Thomas, *The Power of Style: Everything You Need to Know Before You Get Dressed Tomorrow*, Harper Collins, 2013.
- Lois Joy Johnson, *The Wardrobe Wakeup: Your Guide to Looking Fabulous at Any Age*, Running Press, 2012.
- Kendall Farr, *Style Evolution: How to Create Ageless Personal Style in Your 40's and Beyond*, Gotham Books, 2009.
- Kendall Farr, *The Pocket Stylist*, Gotham Books, 2004.
- Jan Larkey, *Flatter Your Figure*, Fireside, 1992.

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Item	Type	Have	Need	Comments
Pants	Day, Black or dark navy, classic, body skimming, with stretch			
Pants	Day/evening versatility: fuller cut trouser in drapey fabric, black or dark navy			
Pants	Others: buy multiples if find good fit; colors such as taupe, mid-dark gray, build around your core colors.			
Skirts (You may just be a pants person.)	3 Pencil/straight/A-line (whichever is best for you): 1 Black ----- 1 Neutral ----- 1 Other			
Skirt	A-line, bias, or some style with drape and movement that can work day to evening.			
Tops	Crisp white shirt			
Tops	T-shirt/Flat knit tops 1 Black/Dark Navy ----- 1 White ----- 1 Neutral ----- 1 Rich color to go with neutral bottoms ----- Necklines should be flattering to you; have one that could work over a shirt.			
Dresses (your body may be better suited to use 2 pieces rather than 1.)	1 Black/Dark navy dress simple evening solution ----- 1 Simple dark or geometric print for day			
Jacket	1 well tailored jacket that pulls everything together ----- 1 sporty shape that works for business or play			
Coat	1 trench coat style, at least			
Jeans	1 to wear with heels or a boot ----- 1 to wear with flats			